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www.thevillagemedicalcentre.org.uk

@TheVillageMedicalCentre



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PRACTICE NEWS & TEAM UPDATES**Welcome to Our October 2026 Issue**

Welcome to the October edition of The Village Medical Centre newsletter! This month, we highlight essential clinical updates, expanded local services, and direct actions taken in response to your patient feedback.

YOU SAID, WE DID — PATIENT FEEDBACK**Actions From Your 2026 Survey Feedback****1. Accessible Newsletter Design**

You Said: Previous newsletters with coloured background blocks could be difficult to read.

We Did: We redesigned our entire layout! We now feature high-contrast text on clean white backgrounds, clear bold headers, and accessible line spacing for maximum readability. Please let us know if we can improve this further.

2. Making Urgent appointments

You Said: Getting in touch first thing in the morning could sometimes feel unpredictable, with varying experiences depending on appointment availability.

We Did: Calling at 8am is not required! If same-day or routine slots fill up, our receptionists will take your clinical details and pass them to a GP to triage, for a response usually within 24 hours.

You can also use our **PACO** online consultation system – see our website homepage.

3. Front Desk Privacy

You Said: More privacy was needed when speaking to receptionists at the front desk.

We Did: We have updated our privacy policy to ensure there is always room available to discuss matters privately when you visit our front desk

SOCIAL MEDIA & DIGITAL ACCESS**Follow TVMC on Instagram & Facebook!**

We are excited to formally launch our official Instagram page alongside our established Facebook channel!

- **Instagram (@thevillagemedicalwallasey):** Visual health guides, team introductions, seasonal wellness advice, and family health tips.
- **Facebook (@TheVillageMedicalCentre):** Official practice announcements and operational notices.
- **NHS App & PACO System:** Order repeat prescriptions, view lab results, and submit non-urgent routine medical queries without calling.

PHARMACY FIRST SERVICE**Direct Treatment at Your Local Pharmacy**

Patients can receive direct treatment and prescription medications from local community pharmacists without needing a GP appointment for 7 common conditions:

- **Common Conditions:** Earache, Impetigo, Infected Insect Bites, Shingles, Sinusitis, Sore Throat, and Uncomplicated UTIs in women.
- **Coming soon – new additions:** Expanded care will soon cover Acne, Migraines, Scabies, Ear Infections, and Allergic Rhinitis.

SPECIALISED CLINICAL SERVICES**Men's Health Clinic**

Run by PCN Paramedic Josh Sharp, providing confidential support for low-level mental health, erectile dysfunction, and PSA prostate counselling.

First Contact MSK Specialists

Book direct face-to-face appointments with network Musculoskeletal Specialists for joint and muscle problems without needing a doctor's referral.

AUTUMN FLU & COVID VACCINATIONS**Dedicated Saturday Vaccination Clinics**

Protect yourself and your family this winter by attending our dedicated Saturday vaccination clinics at the surgery. Eligible patients can receive both their annual Flu jab and COVID-19 booster during the same visit.

- **Clinic Dates:** First three Saturdays of October 2026 (8:30am – 1:00pm). We have weekday appointments slots too.
- **How to Book:** Reply to your SMS invitation text, or phone reception after 11am.

NHS LIVING WELL SERVICE

Please see below for information about when and where the living well bus will be in the coming weeks.

15 Oct | Beechwood Drive, opposite Community Shop, CH43 7ZU | **10:30-16:00** | Vaccinations, health checks & wellbeing conversations

22 Oct | Birkenhead Town Centre, Catherine St/Grange Rd (between Asda & Primark), CH41 6EA | **10:30-16:00** | Vaccinations, health checks & wellbeing conversations

28 Oct | Cherry Tree Shopping Centre car park, Cherry Square, Liscard, CH44 5XU | **10:30-16:00** | Vaccinations, health checks & wellbeing conversations

2 Nov | Rock Ferry Library, 259 Old Chester Rd, Rock Ferry, CH42 3TD | **10:30-16:00** | Vaccinations, health checks & wellbeing conversations

FIRST CONTACT PRACTITIONER MSK SPECIALIST

We have our own MSK (musculoskeletal) specialists working within our primary care network who have extensive postgraduate experience in MSK management. The clinicians in this team can assess, diagnoses and organise onward management independently. You can be booked straight into this service without the need to see a doctor. There are face-to-face appointments available in most of our network of surgeries. If you have any queries about the service, then please speak with our admin team.

COMMUNITY HEALTH & WELLNESS

Breast Screening Awareness Month

October is Breast Cancer Awareness Month.

Breast screening saves lives by detecting cancer early before symptoms appear. Please check your invitation status and contact a GP promptly if you notice any unusual changes.

Contact Information for the local service:

To request and or change your appointment please go to:

<https://www.wuth.nhs.uk/our-departments/a-z-of-departments/screening-programmes/wirral-and->

[chester-breast-screening-programme/how-to-request-or-change-an-appointment/](https://www.wuth.nhs.uk/our-departments/a-z-of-departments/screening-programmes/wirral-and-chester-breast-screening-programme/how-to-request-or-change-an-appointment/)

To leave a comment or ask a question please contact the service using one of the methods below:

Tel No.

0151 482 7661 (Clatterbridge)

Email – bscreening@nhs.net

Maternity & Parent Support Services

- **Mamafit Program:** Free exercise and lifestyle classes tailored for pregnant women and new mothers. Visit: www.mamafituk.com
- **Maternity Support Drop-Ins:** Weekly sessions every Thursday (10am – 12pm) at Leasowe Medical Centre for practical infant care and maternal guidance.

REDUCING MEDICINES WASTE

Order Only What You Need

Unused prescription medicines cost the NHS millions each year. Please review your repeat prescription list and tick only the items you currently require before submitting your monthly request.

GOOGLE REVIEWS & PATIENT FEEDBACK

Your Voice Helps Our Practice Grow!

We strive to provide high-quality, compassionate healthcare to Wallasey Village. If you have had a positive experience with our team, please consider leaving us a 5-star review on Google!

