



November 2024 Newsletter

Welcome to The Village Medical Centre's latest newsletter! We're delighted to connect with you and share updates from our practice and valuable health information to support your well-being. This month's edition contains information about

Remembrance Day

As a surgery we will be holding two minutes silence in remembrance of those who lost their lives fighting for their country, we invite anyone visiting the surgery to join in the two minutes' silence. This will be held on Monday 11th November at 11am.

The Royal British Legion (RBL) is at the heart of a national network that supports our Armed Forces community which has 180,000 members, 110,000 volunteers and a network of partners and charities. To find out more about RBL and/or donate please go to;

www.britishlegion.org.uk

COPD Awareness Month

COPD or Chronic Obstructive Pulmonary Disease is the name for a group of lung conditions that cause breathing difficulties. It mainly affects middle-aged or older adults who smoke. Symptoms include:

- Shortness of breath (particularly when you are active)
 - Persistent chesty cough with phlegm
 - Frequent chest infections
 - Persistent wheezing

If you are experiencing these symptoms you are highly encouraged to book an appointment with the doctor to discuss further. If you already have a diagnosis of COPD we will be inviting you for yearly reviews with the nurse, it is very important you attend these appointments.

With Christmas only round the corner now it is best starting to look at when you will need to order your prescriptions to ensure you do not run out over the bank holidays. Please ensure you are allowing 2 working days for the prescription to be signed off by the doctor then depending on your chemist please allow them a few days to have the items ready to be dispensed. By ordering a week in advance you should avoid running out of any medication, if you are unsure when to order your medication speak with the admin team or your pharmacy. Do not forget you can order your prescriptions through Patches on our website, anytime.



Sign up for our newsletter to receive a copy straight to your inbox. Visit our website today to sign-up or scan the QR code.

We Want To Hear From You!

Had a positive or negative experience with #CancerScreening? Happy to share your experience?

Had a positive or negative experience with your HPV Vaccine? Happy to share your experience?

Are you #Homeless or know someone who is? Have you/they ever had problems accessing #CancerScreening and #HPVvaccine services in #Cheshire and #Merseyside?

Calling all #Cismen across the #LGBTQIA+ community aged 25-45 in #Cheshire and #Merseyside. Have you received or declined the #HPVvaccine?



Complete the form and we'll be in touch: <https://tinyurl.com/ScreeningHPVPanel>

Alternatively, scan the QR code to register your interest.

We are looking for people from all backgrounds to share their experiences and improve #bowel, #breast and #cervical screening services across #Cheshire and #Merseyside.

We would love to hear your thoughts!

We have an online form which allows you to freely type your feedback about any aspect of the surgery. Alternatively, we also forms in reception to complete.

Scan the QR code on the right to complete your feedback now

